

Lesson 3

Families & Care

Learning Intention

To explore different types of families and who to ask for help

To identify who can help when families make us feel unhappy or unsafe

Learning Outcomes

Know there are different types of families

Know which people we can ask for help

Resources

Talking object

Story bag - containing ball and school jumper

[Families pictures](#)

The Family Book, Todd Parr

Activities

1. Group Agreement

In a circle, discuss the group agreement and ask what the children remember from the last lesson.

2. Feeling Faces

Ask the class to practice putting different feelings on their faces. Suggest happy, scared, sad.

3. Story Bag

Take the following out of the bag; Jai's school jumper and a ball. Explain that today's story is about the same child as last time (Jai). Use the points below to tell a story about Jai feeling scared at home.

- This is the story about when Jai was feeling sad but didn't know who to tell.
- Jai lives at home with his mum, baby brother and mum's boyfriend Al. They used to have lots of fun and Jai's favourite thing to do used to be going to the park with the whole family and playing with a ball. (Pass the ball around the circle).
- Recently things have changed at home. Al seems to be angry all of the time.
- Last night, when Jai went to bed, he could hear Al shouting at his mum. There was banging and doors slamming and Jai thought he heard his mum crying.
- Jai felt really scared.
- Next day Jai is feeling worried about the arguing and wants to talk to someone about it.
- His Grandma walks him to school, he sees his friends and teachers all day and his favourite Aunty walks him home at the end of the day.
- Who could Jai talk to?

Ask questions after the story: Why was Jai scared? Can you remember the different family members? Who could Jai talk to if he came to this school?

4. Family Members

In groups, ask the class to think of as many different family members as possible. Give each group a [Families picture](#) to help them. Collect suggestions from the whole class and record on the board.

5. All Families Are Different

On the carpet, use the photos, like a picture book, to explain how families differ, that sometimes families might argue but that all children should be able to talk to someone at home or at school if they feel unhappy or upset. Alternatively read *The Family Book* by Todd Parr or a similar resource about families to illustrate difference.

Finish with a go-round: *If I needed someone to help me I would ask...*